








The 5 Currencies

OVERSPENT	CURRENCY	WELL INVESTED
<p>Inconsistent Income <i>Without cash your business activity is limited; your behavior may become irrational and cause incongruency within your team</i></p>		<p>Wealth, Security and Certainty <i>Establish transparency, generate measurable data and create predictable profitability</i></p>
<p>Not Enough Time <i>You may be taking on tasks that you could outsource or delegate to team members. You may feel frantic or anxious</i></p>		<p>Increased Freedom of Time <i>Plan your targeted interactions and time for solitude. Create a 90-day calendar to achieve your future focus goals today.</i></p>
<p>Working Too Hard <i>You may feel like you're doing all the heavy lifting, but still unable to create the life you want</i></p>		<p>Working in Your Strengths <i>Put your effort into what you're good at and delegate other tasks</i></p>
<p>Drained and Burnt Out <i>Your energy is depleted and causing you to feel drained, overwhelmed or burnt out.</i></p>		<p>Feeling Energized and Excited <i>Create a culture of predictable performance and cast your vision</i></p>
<p>Loss of Focus <i>You feel static and like you've lost your sense of direction. You have no positive momentum.</i></p>		<p>Laser Focused and In Control <i>Clarify your intention, focus on your core values and collaborate with your team</i></p>



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Your Scorecard

Name: _____

Date: _____

	Abundant	Well Invested & Gaining	Breaking Even	Falling Behind	Breaking Down
Cash					
Time					
Effort					
Energy					
Focus					

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Label this exercise by date for future reference and contrast.



Name: _____

Date: _____

	Abundant	Well Invested & Gaining	Breaking Even	Falling Behind	Breaking Down
Cash		<input checked="" type="checkbox"/>			
Time					
Effort					
Energy					
Focus					



For each Currency, put a check in the box under the category that best describes how you currently feel about that Currency.

The categories at the top of this worksheet will help you understand where your attention may be needed in order to lower pressure and noise and become a more effective leader.